

Nov. 13, 2020

Programming Efforts

Career Services:

Career Fair dates have been set for the spring semester! All fairs will be virtual again and will be held through the Career Fair Plus app. Companies can register on the HireSystem (found on our website) and find specifics about each fair. Please communicate this information to students and encourage all to attend! The Career Fair dates are as follows:

Construction Career Fair- Fri. Jan. 29, 2021 Hospitality Days Career Fair- Mon. Feb. 15, 2021 Architecture Career Fair- Tues. Feb. 16, 2021 All Majors Career Fair- Weds. Feb. 24, 2021 STEM Career Career Fair- Weds. Feb. 25, 2021 Big 12 Virtual Career Fair- Weds. March 24, 2021 Education Career Fair- Thurs. March 25, 2021

HireOSUgrads.com has also updated the Student Employment tab with new information about recruitment, engagement and development. Check it out by clicking the employer's tab on the home page, then clicking the button that says Student Employment on the left hand side.

Housing and Residential Life (HRL):

In October, Housing and Residential Life held their first Virtual Pumpkin Carving Contest. Thanks to Shannon Baughman, Emma Ellis, Erin Gould, Kelsey Hutton, Brittney McClure and Blake Roller for participating in this virtual competition! The CARE Committee voted on several categories, including Most Unusual, Funniest, Scariest and Best In Show.

The winners announced on Oct. 30 were:

Most unusual - Emma Ellis Funniest - Kelsey Hutton Scariest - Erin Gould Best in show - Brittney McClure

Leadership and Campus Life (LCL):

The Cowboy Angel Tree started Nov. 4— donate a gift card to make a local child's Christmas brighter! Angels will be on the tree in the Campus Life Lounge until Nov. 16 and

gift cards will be collected at the Leadership and Campus Life Information Desk (211 Student Union) from Nov. 16-30. Please consider purchasing a gift card for an angel! The following events are also approaching:

Our Daily Bread Mobile Market – Nov. 9 from 1:30 to 4:30 p.m. on the Student Union Upper Plaza, Nov. 25 from 1:30 to 4:30 p.m. at Family & Graduate Student Housing and Dec. 7 from 1:30 to 4:30 p.m. at Family & Graduate Student Housing.

DIY Wednesday: Pixel Art/3D Art – Nov. 18, 11 a.m. to 2 p.m., SU Plaza

SUAB Unsolved: Haunted House— Nov. 18, 6 to 7 p.m., Campus Life Lounge

Student Conduct:

OSU respects and values the diversity of individual beliefs and opinions. The introduction of the Bias Incident Response Team aims to support individuals that have experienced a bias incident. Learn more at:

studentaffairs.okstate.edu/students/bias-incident-response.html

We may hear concerns about individuals offended by speech or social media posts that do not align with university values. OSU values and protects the constitutional right of free speech. Through this, we seek to provide all members of the OSU community the broadest possible latitude to speak, write, listen, challenge and learn. Learn more at: studentaffairs.okstate.edu/free-speech/index.html

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help. Please join colleagues who have completed this training to help prevent suicide by visiting:

wellness.okstate.edu/employee-wellness/qpr.html

On Nov. 19, 1 is 2 Many will host a lunch and learn for faculty and staff. This presentation will be hosted by representatives from the Saville Center who will discuss how to best talk with children about sex and consent as a form of sexual violence prevention. To register for the upcoming lunch and learn, please visit:

1is2many.okstate.edu/facultyandstaff.html.

From Nov. 16-20, 1 is 2 Many will host its third installment of "What Were You Wearing," an art exhibit that illustrates experiences and outfits worn by sexual assault survivors. It aims to debunk the myth that clothing implies consent. The evening of Nov. 19, there will be a "What Were You Wearing" symposium to provide more details about the art exhibit and to provide students with an opportunity to share their own experiences of sexual violence and healing.

1 is 2 Many is still accepting submissions for the Violence and Discrimination Awareness &

Prevention Mini Grant program. Please visit **1is2many.okstate.edu/minigrant.html** to learn how you can be awarded up to \$1500 in funding for your next program or research endeavor. This opportunity is available to all OSU students, faculty, staff and student organizations, so please share with any who may be interested.

Student Union:

In an effort to manage costs, the Student Union is evaluating traffic patterns and intended building usage to adjust operating hours accordingly. Updated building hours can be found at **union.okstate.edu/student-union-hours.html**

University Health Services (UHS):

University Health Services has continued daily COVID testing that is free for faculty, staff and students. Visit the patient portal at **uhs.okstate.edu** to make an appointment! Also, every Thursday in October, UHS offered flu shots to the OSU community. UHS has extended this through the first two weeks of November due to the incredible turnout!

UHS has participated in two national benchmarks with the Accreditation Association for Ambulatory Health Care (AAAHC) on Medication Reconciliation and Allergy Safety, as well as a patient satisfaction survey through the American College Health Association (ACHA).

University Counseling Services (UCS):

UCS offers several community support and therapy groups for students:

Social Relationships Group- A group for students dealing with social anxiety or social adjustment issues who want to improve their social skills and interactions.

General Therapy Group- A group experience designed to support increased understanding of oneself and others, as well as patterns in interactions.

Friends Like Me- A non-therapy group that provides a safe space for LGBTQ+ students and helps to reduce isolation.

Resiliency Group- A group to learn how to recover from setbacks and adapt to challenges, as well as learn to thrive and flourish through several therapeutic techniques.

Transgender Support Group- Free support group for OSU students who identify as transgender and/or outside of the gender binary.

Come As You Are: A Black Woman's Circle- A space to promote connection and communication among Black women.

For more information about available groups, please contact University Counseling Services at **405-744-5458**.

Staff Engagement

Career Services:

Career Services formed an internal Diversity and Inclusion Committee that guest-featured a representative of OK State Stand United at a meeting on Oct. 29. Together, the parties discussed student perceptions of diversity and inclusion, and collaboration ideas for the future.

Every Monday and Wednesday afternoon, Career Services staff takes a break to meet via Teams to do virtual stretches from their offices. On Fridays, the staff activity is "water cooler" chats, which have consisted of bingo, guess who sent the meme, a zombie game and bring your best dad joke! The team enjoys this as a fun, laughter-filled break from the work day.

Leadership and Campus Life (LCL):

The Leadership and Campus Life staff collaborated on a presentation for the Association of College Unions International (ACUI), which they gave on Nov. 4.

Student Union:

The Student Union is making plans to showcase its annual Tenure Awards online. Tenure Awards is an opportunity to acknowledge graduates and years of service honorees, and to present the Virgil Danforth Award.

University Health Services (UHS):

Every October, University Health Services honors and appreciates its staff by hosting the annual UHS Employee Appreciation week. Usually, there is a fun event for every day of the week, including potlucks, chair massages and contests. This year, employees took part in virtual trainings and activities, a "wall of fame" filled with compliments written by fellow staff members, an online recipe swap, a week-long snack station and a few gifts to show UHS's gratitude!

Student Engagement

Career Services:

Each week, Career Services issues an e-newsletter called "Week at a Glance", in which upcoming events, social media highlights and a "Meet the Team" segment are featured. This allows students to connect with Career Services team members in a more personal way.

Career Services collaborated with the University College to offer Majors and Minors Week from Oct. 12-15. Many programs were offered:

A Student Panel on OStateTV featured six students with diverse majors, who shared their path to choosing a major as an encouragement to other students.

"Crack Your Career Code" offered students the ability to complete the "Focus 2 Career Assessment" and weigh the importance of understanding interests and self-reflection in choosing a major or career.

"Ask Me Anything...About Majors and Minors" provided students the chance to meet with Career Services and 15 representatives from each academic college to ask questions critical to their pursuit of majors and/or minors.

At "Finding your Federal Career," Gilbert Guerrero, federal employee of the National Resource Conservation Service, offered insight to over 50 students about the federal application and hiring process.

Career Services collaborated with the Graduate Program for the "Career Power Hour" monthly series. This month's topic featured graduate cover letters and resumes.

Housing and Residential Life (HRL):

Throughout the fall semester, Housing and Residential Life has worked with students and staff on campus on events such as:

Family & Graduate Student Housing- showing movies on the lawn Community Mentors- posting mental health materials on bulletin boards

Residence Hall Association- providing student engagement opportunities, such as X-Plicit at Kerr-Drummond

Residential Community Educators and Assistant Residential Community Educatorsensuring Community Mentors are in contact with residents

Iba, Brumley, and Family and Graduate Student Housing- front office staff responding to calls and visits from students and families

Facilities staff- submitting daily work orders to help students live comfortably

Leadership and Campus Life (LCL):

Students have engaged in online training regarding annual student organization elections. Student coordinator positions for Leadership and Campus Life also have been posted. Candidates have been screened and interviews will be held soon for one position, while another coordinator position is still vacant.

The LCL Student Engagement Campaign, "Let's Talk About It," continued on social media in October. Topics included loneliness (promoting TAO online services), empathy, growing as a leader and finding support. LCL also encouraged voter engagement through a variety of educational posts and events.

Student Union:

The Student Union will host numerous visitors for Undergraduate Admissions' Saturday campus tour on Nov. 14.

University Dining Services (UDS):

University Dining Services launched a customer satisfaction survey to gauge the feelings of students, faculty, staff and parents regarding their dining experiences on campus.

UDS participated in a Zoom meeting with a student leader from the OSU Nutritional Sciences Club, the senior director of the Student Union, President Hargis and Mrs. Hargis to review healthy dining highlights that are offered. UDS received positive feedback from the student leader.

UDS is partnering with Housing and Residential Life to plan special holiday events and meals for students who will stay on campus during the holidays.

University Health Services (UHS):

UHS honored students with distinguished service awards for their tremendous dedication to assisting with COVID-19 efforts.

Extra Announcements

Housing and Residential Life (HRL):

During the Business Operations Conference on Oct. 27, Housing and Residential Life was recognized in the 2020 Annual Association of College and University Housing Officers – International (ACUHO-I) Marketing Awards! Shannon Baughman, Association Director of Operations for HRL, and Kelsey Hutton, Communications Coordinator for HRL, represented OSU to receive the 2nd place "Best Reslife Website" award.

Texas State University hosted the SWACURH Regional Leadership Conference from Oct. 23-25. OSU was recognized for many student and staff awards:

Estee Perkins, Emily Dacon and Hani Shiwyyat earned 3 Year Service Pins.

National Residence Hall Honorary (NRHH) was recognized for two Of The Month Awards (OTMs) this semester.

Kyler Johnson and Hani Shiwyyat were awarded Top 10 Program for presenting "Building Sustainability in Your Programs and Lives During COVID".

Emily Dacon was awarded Top 10 Program for presenting "Under Construction: Building a Sense of Belonging on Your Team".

Caitlin Newton was awarded a Silver Feather pin and was appointed to the SWACURH Regional Board of Directors as Coordinating Officer of Recognition and NRHH Development.

Fred Dillard was recognized for presenting Advisor Resource Training and served as a Case Study Judge.

Leadership and Campus Life (LCL):

Recently, the glass office walls of 232 Student Union were utilized as a canvas for people to write words of wisdom and encourage positivity on campus!

Fraternity & Sorority Affairs has invited three candidates to campus for the new Coordinator of Fraternity & Sorority Affairs position, with focus on the National Pan-hellenic Council (NPHC) and Multicultural Greek Council (MGC) communities. Socially-distanced interviews will take place on campus the week of Nov. 16. The candidates will give a presentation through Zoom, which all are welcome to attend. Additional information regarding Zoom invitations will be shared soon.

Student Union:

The Student Union hosted a Halloween costume contest through Instagram called Critter Carnival. 10 finalists received votes via Instagram likes, bringing in 52,000 impressions

and 2,600 engagements!

The University Store, in conjunction with the Office of Trademarks & Licensing, held a promotion Oct. 12-16 for the Nike Air Zoom Pegasus shoes. The first 50 customers to purchase the shoe received a \$20 University Store gift card as incentive. Be sure to watch the Cowboy Football road game against OU on Nov. 21. If the Cowboys win, OSU fans score at the University Store. A Cowboy victory means the OSU spirit apparel discount matches the Cowboys' score, up to 40% off, that following Monday.

University Dining Services (UDS):

The Student Union and University Dining Services participated in the division's Drive-Thru Trick-or-Treat event Oct. 30. The team distributed 200 treat bags and 1750 other pieces of candy— thanks to everyone who donated to the cause! UDS is also working with the Student Union to plan several fundraising opportunities for the United Way of Payne County, including: selling Eileen's Colossal Cookies, hosting and/or participating in online silent auctions and facilitating a virtual run/walk.

UDS partnered with members of Leadership and Campus Life to facilitate a presentation about food insecurity at the ACUI Region II Conference.

UDS opened nine concepts to serve campus residents during the inclement weather days when campus was closed. In total, the concepts served 6,681 customers on Oct. 26, 3,552 customers on Oct. 27 and 3,698 customers on Wednesday, October 28.

University Health Services (UHS):

UHS is excited to announce its upgrade to a new digital platform of x-ray! This is the latest and greatest technology, minimizing waste and increasing the quality of images.

Pamela Stokes, Associate Director at UHS, recently published her research entitled, "Increasing Sexual Self-Efficacy Among College Students Through Telehealth Consultation" in the Current Trends in Clinical and Medical Sciences journal!

